

EMPOWERMENT

Welcome to Empowerment Sports 2023 Fall Softball Clinic

First off, thank you for choosing to send your child to our Fall Clinic. We are all very excited about teaching and challenging your girls during our two-day clinic and hopefully sending them off with a lot of information!!!! Please take some time to help better understand the clinic and hopefully answer your questions.

If you have any questions, please do not hesitate in reaching out to me anytime!

CLINIC LOCATION

Chanteloup Field
2720 Alameda de las Pulgas
San Mateo, CA 94403

CLINIC DATES AND TIMES

Saturday, August 26, 2023

Registration 8:30 AM
9:00 AM – 3:00 PM

Sunday, August 27, 2023

Check-In 8:30 AM
9:00 AM- 12:00 PM

Drop Off:

Early drop-off is available- 8:30 AM
Please pre-arrange prior to clinic

Pick Up:

Pick Up time is 4:00 PM
Late pick-up can also be arranged if necessary.
(\$50 fee for late pick up past 3:30 PM)

CLINIC PRICE AND PAYMENT INFO

\$225
Cash or Venmo Only

Team Discounts (5+ More) = 10% Discount Per
Player

Full Payment Due at Registration

Sibling Discount = 10%

IMPORTANT DOCUMENTS

The following forms are available digitally. Please ensure you have filled them out prior to the clinic.

- Registration
- General Liability Release Form
- Media Form

CLINIC INFORMATION

During this two-day clinic, players will have the chance to improve their skills and learn new techniques for all positions. They will rotate through various stations to develop both offensive and defensive abilities. The sessions will also include softball IQ quizzes and challenging questions to encourage players to think outside the box. On the second day, players will team up with their peers for a two-inning rotational game where they can showcase their skills across multiple positions, such as pitching and catching.

WHAT TO BRING ...

All Softball Equipment (Glove, Bat, Batting Gloves, Helmet)

To ensure readiness for camp activities, we recommend that campers wear softball pants, high socks, and an appropriate shirt every day. We prefer that all players wear black softball pants and white or black/yellow socks.

Jeans and Shorts should NOT be worn at camp

Daily Snacks

Water Bottle

Sunscreen

Hat/ Visor/ Sunglasses

Extra Change of Clothes

Gum, Sunflower Seeds, and Mints are also **not** allowed during camp due to choking hazards.